



Starting on Treatment: A Step-By-Step Guide for Patients and Caregivers

Rhythm InTune offers coordinated support to people starting on a Rhythm Pharmaceuticals treatment. This guide outlines the support and steps you may expect as you start a Rhythm Pharmaceuticals treatment.



1

Complete the Rhythm InTune Consent Form

- If you and your healthcare provider decide that a Rhythm Pharmaceuticals treatment is right for you, your healthcare provider will fill out a prescription and ask you to complete the Rhythm InTune consent form.



2

Introduction Call with Rhythm InTune

- Your Rhythm InTune Patient Education Manager* will be your dedicated point of contact throughout the process.
- Your Patient Education Manager (PEM) will schedule an introductory call with you to get to know you and talk about the process for getting started on treatment.
- He/she will work closely with your healthcare provider's office and the specialty mail-order pharmacy (PantherRx) that is authorized to fill prescriptions for Rhythm Pharmaceuticals treatments.



3

Gaining Insurance Coverage

- Your Patient Education Manager will request a copy of your insurance card.
- Your Patient Education Manager and the specialty pharmacy (PantherRx) will work together to confirm required documentation is submitted by your healthcare provider's office to your insurance company (including prior authorization and any necessary appeals).
- This process can take time. Your Patient Education Manager will update you throughout the insurance process.



4

Getting Started on Treatment

- After the insurance approval is obtained, your Patient Education Manager will contact you to talk through next steps and injection training options.
- The specialty pharmacy (PantherRx) will call you to schedule shipment of the medication to your home.



5

Dose Titration

- During the first few weeks of treatment your dose will change as prescribed by your doctor until you get to a dose that is right for you.
- Your healthcare provider will monitor you during titration to see if any dose adjustments should be considered.
- PantherRx will also check-in every ten days during the titration period.



6

Continued Support and Education

- Your Patient Education Manager will continue to provide you with education regarding treatment and the reauthorization process.

Your Rhythm InTune *Patient Education Manager* is your dedicated point of contact.
You will also communicate with the specialty pharmacy (PantherRx) for medication shipment and other pharmacy services.

*Patient Education Managers are employees of Rhythm Pharmaceuticals and do not provide medical care or advice. We encourage you to always speak to your healthcare providers regarding your medical care.

Rhythm InTune is a support program designed for caregivers and people living with rare diseases of obesity, including acquired hypothalamic obesity (HO) and Bardet-Biedl syndrome (BBS).

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