

For people 4 years and older living with acquired hypothalamic obesity (HO) and caregivers

A guide to discussing treatment with your doctor

Acquired HO isn't like other forms of obesity



It is a unique condition that begins when a **brain tumor or injury affects part of the brain called the hypothalamus**



It is characterized by **weight gain that continues over time and is difficult to manage**



People with acquired HO may have other symptoms such as **increased hunger**

IMCIVREE is the first and only FDA-approved treatment to help people 4 years and older with acquired HO lose weight and keep the weight off.

Visit aHO.IMCIVREE.com or scan the QR code for more information



See the next page for more tips on how to start the conversation about treatment with your doctor.

What is IMCIVREE?

IMCIVREE is a prescription medicine used in adults and children 4 years of age and older with acquired hypothalamic obesity (HO) to help them lose weight and keep the weight off.

IMCIVREE is not for use in people with the following conditions because it may not work:

- Other types of obesity not related to acquired HO or other FDA-approved uses of IMCIVREE, including obesity associated with other genetic conditions and general obesity




It is not known if IMCIVREE is safe and effective in children under 4 years of age with acquired HO.

Important Safety Information

Do not use IMCIVREE if you have had a serious allergic reaction to it or any of its ingredients. Serious allergic reactions, including anaphylaxis, can happen.

Please see Important Safety Information throughout, and **full Prescribing Information** and **Patient Information**.

Tips to support a productive conversation

- **1 PREPARE**
for the appointment by writing discussion points beforehand.
Consider the following:
 - Details about current weight management plan and treatments (if applicable)
 - The effects and challenges of acquired HO, including weight gain and increased hunger, on everyday life; **the more specific you are about the effects, the better**
- **2 ASK QUESTIONS**
to guide the conversation.
Some suggestions are included on the next page.
- **3 REPEAT**
the doctor's answers in your own words to make sure you are understanding them correctly.

BE OPEN

with your or your loved one's doctor when talking to them.

You are the best advocate for yourself or your loved one.

ACT EARLY

Remember: By targeting the root cause of acquired HO, IMCIVREE may help people living with acquired HO lose weight and keep the weight off.

Visit aHO.IMCIVREE.com or scan the QR code for more information



Important Safety Information (cont'd)

Before you use IMCIVREE, tell your healthcare provider about all your medical conditions, including if you:

- Have or have had areas of darkened skin, including skin discoloration (hyperpigmentation)

Please see Important Safety Information throughout, and [full Prescribing Information](#) and [Patient Information](#).

IMCIVREE[®]
(setmelanotide) injection

Ask your doctor about IMCIVREE

? Starting the conversation

I recently heard about a treatment for acquired HO called IMCIVREE, and would like to learn more.

- Do you think IMCIVREE might be an option for me (or my loved one)?
- Which specialists should I speak to about IMCIVREE?

How IMCIVREE works

- How does IMCIVREE work to treat the root cause of weight gain and increased hunger in acquired HO?
- Can IMCIVREE help reduce weight and hunger?
- How is IMCIVREE different from other weight-loss medications?
- What are the side effects of IMCIVREE?

How to take IMCIVREE

- What can I expect with daily IMCIVREE injections?
- *[If you are caring for a young child]* How can I help my young child sit through an injection?
- Are there resources I can use to help me with the first few injections (or help my loved one with their first few injections)?

Getting started with IMCIVREE

- How quickly will IMCIVREE help reduce weight and hunger?
- Is long-term IMCIVREE treatment important for the management of acquired HO?

If you still have questions after your appointment, you may follow up with your doctor via phone or patient portal.

Important Safety Information (cont'd)

Before you use IMCIVREE, tell your healthcare provider about all your medical conditions, including if you:

- Have or have had depression, or suicidal thoughts or behavior

Please see Important Safety Information throughout, and [full Prescribing Information](#) and [Patient Information](#).

Talking to your doctor can make a difference



It's important to have an open conversation with your doctor or your loved one's doctor about treatment as soon as possible. **The more you share about how living with weight gain and hunger due to acquired HO has affected day-to-day life, the more your care team can help.**



Personalized support with Rhythm InTune



Whether you're learning about acquired HO, preparing for a visit, or managing daily routines, a Rhythm InTune Patient Education Manager (PEM)* can provide resources, education, and information.

Visit RhythmInTune.com or scan the QR code



*Patient Education Managers are employees of Rhythm Pharmaceuticals and do not provide medical care or advice. We encourage you to always speak to your healthcare provider regarding your medical care.

Important Safety Information (cont'd)

Before you use IMCIVREE, tell your healthcare provider about all your medical conditions, including if you:

- Have kidney problems
- Are pregnant or planning to become pregnant. Losing weight while pregnant may harm your unborn baby. Your healthcare provider may stop your treatment with IMCIVREE if you become pregnant. Tell your healthcare provider if you become pregnant or think you might be pregnant during treatment with IMCIVREE
- Are breastfeeding or plan to breastfeed. It is not known if IMCIVREE passes into your breast milk. You should not breastfeed during treatment with IMCIVREE

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

See the detailed Instructions for Use that come with your IMCIVREE to learn how to prepare and inject IMCIVREE, and how to properly throw away (dispose of) used syringes and needles.

Please see Important Safety Information throughout, and **full Prescribing Information and Patient Information.**

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Important Safety Information (cont'd)

What are the possible side effects of IMCIVREE?

IMCIVREE may cause serious side effects, including:

- **Male and female sexual function problems.** IMCIVREE can cause an erection that happens without any sexual activity in males (spontaneous penile erection) and unwanted sexual reactions (changes in sexual arousal that happen without any sexual activity) in females. If you have an erection lasting longer than 4 hours, get emergency medical help right away
- **Depression and suicidal thoughts or actions.** You or a caregiver should call your healthcare provider right away if you have any new or worsening symptoms of depression, suicidal thoughts or behaviors, or any unusual changes in mood or behavior
- **Serious allergic reactions.** Stop taking IMCIVREE and get medical help right away if you have any symptoms of a serious allergic reaction including: swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; rapid heartbeat
- **Increased skin pigmentation, darkening of skin lesions (moles or nevi) you already have, and development of new skin lesions.** These changes happen because of how IMCIVREE works in the body and will go away when you stop using IMCIVREE. You should have a full body skin exam before starting and during treatment with IMCIVREE to check for skin changes
- **Adrenal insufficiency.** If you have acquired HO and adrenal insufficiency, your healthcare provider should evaluate your adrenal function before starting IMCIVREE. You or your caregiver should call your healthcare provider if you have changes in feeling tired or exhausted (fatigue), lack of energy (lethargy), mental status, or dizziness, or fever, or signs of infection during treatment with IMCIVREE. Your healthcare provider should monitor and adjust any medicines that may be affected during treatment
- **Low sodium levels in the blood.** If you have acquired HO and diabetes insipidus, you or your caregiver should watch for signs of dehydration. You or your caregiver should contact your healthcare provider if you have changes in fluid intake or urine output, confusion, lethargy, or nausea and vomiting during treatment with IMCIVREE. Your healthcare provider should closely monitor sodium levels in your blood and adjust your other medicines if needed

The most common side effects of IMCIVREE include darkening of the skin, injection site reactions, nausea, headache, diarrhea, stomach pain, vomiting, depression, and an erection that happens without any sexual activity in males.

These are not all the possible side effects of IMCIVREE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

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Please see Important Safety Information throughout, and [full Prescribing Information](#) and [Patient Information](#).



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